

CAMP ROBIN HOOD

ANAPHYLAXIS POLICY AND PROTOCOL

Parent / Guardian and Campers

At Camp Robin Hood (CRH) we are sensitive to anaphylactic allergies and we have protocols in place to ensure every effort is made to keep campers safe. We ask parents / guardians to read this protocol and share it with your camper(s) so together we can keep everyone safe and healthy.

EAI – Epinephrine Auto Injector (Epipen® or Allerject™)

Spare – Second EAI stored at CRH

Robin Aid – CRH Health Centre

1. Epinephrine Auto Injectors (Epipen® or Allerject™)

All campers who have an anaphylactic allergy will be required to have at least 2 EAI's for camp:

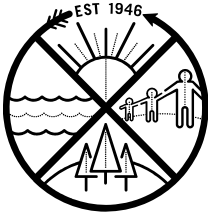
- Each EAI must be labelled with the original label from the pharmacy.
- One EAI must be carried at all times in either a CRH fanny pack OR in your campers own carrying case provided from home. If campers/parents feel more comfortable with camper carrying two EAIs the CRH fanny pack is big enough to accommodate this and will also hold puffers if necessary (more about this under “the fanny pack” below).
- On the first day of camp a name tag will be placed on the CRH fanny pack or the campers carrying case. This name tag must remain on the carrier for fast, easy identification of the EAI in the event of an emergency.
- The second EAI will be referred to as “the spare”. It will be stored in an accessible, secure area in Robin Aid and will be locked away safely at night.
 - The spare should be sent to Robin Aid prior to the start of camp. If this is not possible it must be sent via bus mail to Robin Aid / Health Centre on the campers first day.
 - Even if there are 2 EAIs in the fanny pack a spare MUST be sent to camp. The spare will be used if a second dose of epinephrine is required in an emergency, in the case of a faulty auto injector, if the camper forgets his auto injector at home or if the fanny pack is misplaced while at camp.
- During extreme hot weather we encourage the camper/counsellor/parent to check the EAI for any discolouration as a change in colour may mean it is ineffective.

2. The Fanny Pack:

- The CRH fanny pack is a popular piece of camp attire. When designing these fanny packs we tried to make them large enough for all of the items a camper with severe allergies might require such as puffers or inhalers, if needed. (All other medications must be stored in Robin Aid - more on that later). CRH fanny packs are worn by many people around camp for various reasons, so your camper will not feel segregated.
- Our youngest of campers, age 3, have had no difficulty carrying the fanny pack in the past as the strap is easily adjustable to fit all sizes and the pack is soft so it is not bulky on the camper.

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F. 905-640-3450



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- Please let Robin Aid know if you want a CRH fanny pack or if you are going to use your own carrying case. You can send this info to health@camprobinhood.ca
If you requested a CRH Fanny Pack it will be distributed as follows:

- For campers taking the door to door service - the fanny pack inside the CRH back pack when you receive it.
- Campers using the neighbourhood pick up service or being dropped off at camp will receive their fanny pack on the first day of their camp session - please send the campers EAI in an alternate carrier and we will transfer it to the CRH fanny pack on arrival.

3. Anaphylactic Alert Posters

- The CRH Anaphylactic Alert Poster can be downloaded by clicking here.
- Please complete 2 Anaphylactic Alert Posters:
 - One poster, with a recent photograph of the camper attached, must be returned to camp prior to the start of your camper's session. This poster will be photocopied at camp and posted in Robin Aid, the bus book, and MOMS (the kitchen).
 - The second poster does not require a photo, please complete this poster and place it into the campers fanny pack prior to the first day of camp.

4. Programs

• **Swim and Canoe**

- In both the swim and canoe areas the fanny pack will be hung in a central location that is easily accessible and protected from the sun.
- The camper and counsellors are responsible, together, to ensure that the fanny pack is placed on the appropriate hook prior to swim/ canoe and is picked up by the camper as they exit from the swim/canoe areas.

• **Overnights, Extended Days and Special Days**

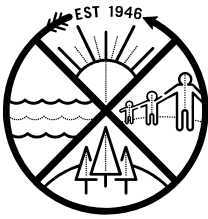
- If a camper is staying for an extended day or an overnight a written consent (permission form) will sent home to the families by the camp, please indicate on this form any allergies your camper has, sign and return to the camp office.
- The spare EAI will be accessible to the first aider staying on the overnight or extended day.
- During camp wide programs, unit special days and on overnights we often provide special treats for our campers. Some families may choose to send their own special snacks from home on those days. If so, we encourage families to contact the section head through the camp office prior to the special day to discuss these special diet issues and alternate treat options.
- We can make arrangements for storage of snacks sent from home and we will distribute these snacks to campers as requested.

• **Active Activities and Games:**

- During highly active times such as sports or at the wall (when wearing the harness),

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the campers counsellor may hold the fanny pack if it interferes with the campers ability to participate in the activity, but after that activity the camper will be expected to carry it.

- **Craft areas (i.e.: Camp Craft, Nature, Arts and Crafts)**

- The use of allergic products such as acorns, egg shells, nuts etc will be taken into consideration when planning programs. (Note the marshmallows used at CRH are kosher and therefore are made with fish gelatine – care will be given to make sure campers who have fish allergies do not eat the CRH marshmallows.)

5. Buses

- Families and campers are responsible for making sure the EAI and carrying case / fanny pack are worn by the camper prior to loading the bus each morning
- Bus counsellors will check that the EAI is in the case / fanny pack before the camper enters the bus.
- If the EAI is not with the camper in the morning, the camper will be asked to go back into the house to get it (door to door pick up only), within a reasonable amount of time (so the buses do not get delayed). If the EAI cannot be located the camper will load the bus and the bus driver will notify dispatch who will let camp know the camper is arriving without the EAI. Robin Aid staff will be notified and arrangements will be made for the camper to have their spare for the day.
- Bus counsellors will check that the camper has the EAI before going home.

6. Driving a camper to camp and Early Morning Care

- Families who drive their child to camp will be checked in by our office or early morning care staff. Upon signing the camper in each morning families are asked to notify the staff that the EAI is with the camper.
- If the EAI is not with the camper arrangements will be made for the camper to use their spare.

7. Lost or Misplaced Epinephrine Auto-Injector

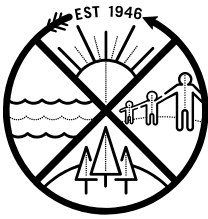
- If an EAI is lost or misplaced every effort will be made to locate it.
- If it cannot be found arrangements will be made for the camper to use their spare for the day. Robin Aid will contact the family to notify them.
- The spare will go home on the bus and be used until the lost EAI is located or another spare is sent to camp.

8. Other Medications

- Only EAI's, Ventolin puffers and lactaid tablets will be allowed to be carried in the fanny pack / case.
- All other medications must be stored in Robin Aid. These medications should be dropped off at camp prior to camp starting or sent to camp via bus mail directed to Robin Aid.
- Prescription medications must come to camp in the original bottle with the original pharmacy label attached.
- Over the counter medications must also be in the original packaging / box / bottle.

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9. Benadryl

- Benadryl will not administer when treating an anaphylactic reaction. Benadryl is not the recommended treatment it does not work to decrease the effects of an anaphylactic reaction itself and it may mask the signs and symptoms of an anaphylactic reaction.
- Benadryl may be used after epinephrine has been administered to help alleviate allergic symptoms.

10. Allergen Free / Nut Aware Camp

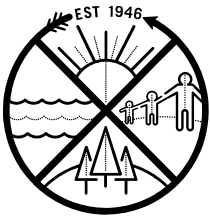
- We strive to be a “nut aware” camp. We are proactive in educating all families about allergies prior to and during camp.
- We strongly encourage all families to read food and personal care item labels and to only send nut-free products to camp for snacks, lunch and in sunscreen products. However, we never assume that camp is a risk-free environment as we cannot be sure all families will comply 100%.
- Within our facility, we make every effort to serve only “nut- aware” products. We carefully research, work with our suppliers, contact manufactures and monitor all food products served at camp. Some of the candy we purchase for special days comes from the USA and Israel, where food labelling laws are less stringent than those in Canada. Some families may not be comfortable with these products and may choose to send a special treat bag on special days.
- We have a “No Sharing Food” policy and discourage sharing food. Meal time is monitored closely by camp counsellors who supervise and eat with campers during lunch and snack times.
- If food containing products a camper is allergic to arrives at camp a staff member will ensure that the child who has the food in his/her lunch eats at a designated place within the unit away from the camper with the allergy. That staff member will then follow-through to make sure that the camper’s hands and face are washed after they eat.
- If nut products are sent to camp the food will be packed away and the family who sent the nut products will receive a note or a phone call requesting them to refrain from sending nut products to camp.

11. Communication with Families

- Allergy Letters will be emailed prior to each camp session to all families informing them if there are anaphylactic allergies on a bus or in a cabin. This letter will indicate the types of food that camper(s) in that specific bus or cabin have an anaphylactic allergy to.
- RHSA (Robin Hood Sports Academy): as all campers eat together in the lunch barn at RHSA every athlete will receive an email letting them know about allergies in that area.

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12. Managing an Anaphylactic Reaction on the camp site:

Campers who have anaphylaxis will always have a staff member who has been trained in giving an EAI within a reasonable distance of the camper.

At the first sign of an anaphylactic reaction:

- a. An EAI will be administered by a trained staff member.
- b. The camp nurse will be contacted immediately.
- c. 911 will be called and the camper will be transported to the hospital with a staff member.
- d. The camper's spare will accompany them in the unlikely event the reaction does not improve or becomes worse, in which case, a second injection will be given as necessary.
- e. While the above is taking place, parents or guardians will be contacted.
- f. The section head and camp director will be notified.

If you have any questions or inquiries about the Camp Robin Hood Anaphylactic Protocol please do not hesitate to leave a message at the camp office 416-736-4443 for Bev Unger the Coordinator of Health for CRH.

Updated June 2015, by Bev Unger RN, Health Coordinator, Camp Robin Hood

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