



Figuring out When to Worry

Present This Scenario to Your Group

Present this scenario to your group: A camper comes to you while the group is relaxing after lunch and asks she can talk to you. She looks nervous, glancing at the other campers to see if they're watching, fidgeting with her shirt, not making great eye contact. Her voice seems shaky and you noticed she didn't eat much at lunch.

Ask the group

- Can this wait?
- What concerns you about her behavior?
- How would you handle it?

Ask for two volunteers to role play this

Discussion after with role players:

- What was hard about that (each)?
- What helped the communication (each)?

Discussion after with group:

- At the end of this conversation: Are you worried?
- What else did you want to hear the counselor ask?
- What else did you think the counselor might do?
- What are appropriate next steps?

Scenario #2:

A camper is sitting to the side, playing with a blade of grass, not participating in gaga as he normally does.

Ask for role players, then discuss as above.

Scenario #3:

Your co-counselor is more withdrawn than usual, not enjoying things they would normally enjoy, not interacting with the kids much and not as engaged as usual with you and other staff.

Ask for role players, then discuss as above.