



# CAMP ROBIN HOOD

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## PROTOCOL FOR ANAPHYLAXIS

### Parents / Guardians and Campers

The Camp Robin Hood Anaphylactic Protocols have been developed to ensure all campers and staff with anaphylactic allergies can enjoy our camp environment – we take allergies very seriously. Please review our protocols and share the information with your camper(s) so together we can keep everyone safe and healthy.

This year our staff will be taking the Allergy Aware online training course on Anaphylaxis in a Child Care Setting. They will also have the opportunity to practise with EpiPen®, Allerject® and Emerade™ epinephrine auto injector (EAI) trainers.

### A. Nut Aware Camp

- We strive to be “nut aware” at Camp Robin Hood. We are proactive in educating all families about allergies prior to, and during camp.
- We strongly encourage all families to read food and personal care item labels and to only send nut-free products to camp for snacks, lunch and in sunscreen or personal care products. However, we never assume that camp is a totally risk-free environment as we cannot be sure of 100% compliance by every participant, despite best efforts by everyone.
- Within our facility, we make every effort to serve only “nut- aware” products. We carefully research all products, work with our suppliers, contact manufactures, and monitor all food products served at camp.
- Closer to the start of camp, once our food has been delivered, you will have access to ingredients list for the foods we serve at camp.
- We have a “No Sharing Food” policy and discourage sharing food amongst both campers and staff.
- Lunch and snack times are monitored closely by camp counsellors who supervise and eat with campers.
- If food containing a known allergy arrives at camp a staff member will ensure that the child who has the “allergic” food in their lunch eats at a designated place within the unit a safe distance away from the camper with the allergy.
- If nut products are sent to camp the food will be packed away. The family who sent the nut products will be contacted and be reminded of our food policies and asked to refrain from sending nut products to camp.

## **B. Epinephrine Auto Injectors (EAI) and Fanny Packs**

All campers who have an anaphylactic allergy will be required to have at least 2 EAI's for camp.

- Each EAI must be labelled with the original label from the pharmacy
- Please ensure the device(s) will not expire before the end of the camp session.
  1. The first EAI must be carried by the camper in either a CRH fanny pack\* OR in your campers own carrying case provided from home.
    - \*If you would like a CRH fanny pack please send your campers EAI in the front pocket of their back pack, on the first day of camp and your camper's section head will transfer the EAI to a CRH fanny pack.
    - \*The CRH fanny pack is large enough to accommodate puffers as well.
  2. The second EAI will be referred to as "the spare". It will be stored in an accessible, secure area in Robin Aid (the camp Health Centre) and will be locked away safely at night.
    - Please send the spare to camp via bus mail to on the campers first day of camp. PLEASE label this well with 'your camper's full name and Robin Aid'.
    - Even if there are 2 EAIs being carried in the fanny pack a spare MUST be sent to camp.
      - The spare will be used if a second dose of epinephrine is required in an emergency, in the case of a faulty auto injector, if the camper forgets his auto injector at home or if the fanny pack is misplaced while at camp.
- On the first day of a camp session a name tag will be attached to the fanny pack / carrying case. We ask you to keep this tag in place throughout the camp stay so we will be able to quickly identify the EAI in the case of an emergency.

## **C. Anaphylactic Alert Posters**

- Please complete the Anaphylactic Alert Poster, attach a photo of the camper and return it to [health@camprobinhood.ca](mailto:health@camprobinhood.ca) as soon as possible. Click this link for the poster: [The CRH Anaphylactic Alert Poster](#)

## **D. Programs**

### Swim

- During swim the fanny pack / carrying case will be kept with your camper's towel within the cohorts assigned area so it can be located quickly if needed.

### Canoe

- In the canoe area the fanny pack / carrying case will be hung in a central location that is easily accessible and protected from the sun.

- The camper and counsellors are responsible, together, to ensure that the fanny pack is placed on the appropriate hook prior to canoe and is picked up by the camper as they exit from the canoe area.

#### Snacks and Cooking

- Camp offers a snack each day and food during the cooking program and on Fridays at the camp lunch cook out.
- If your camper is allergic to foods that are offered during your camper's session the section head will be in touch with you prior to the start of camp to discuss the allergies and ingredient lists.
- Ingredient lists will be available on our website after the food has arrived at camp.
- If you choose to send a food substitute to camp the process can be discussed with your section head.

#### Craft areas (i.e.: Camp Craft, Nature, Arts and Crafts)

- The use of allergic products such as acorns, egg shells, nuts etc. will be taken into consideration and avoided when planning programs.
- Note: the marshmallows we use in cooking for smores are no longer kosher and therefore do not contain fish gelatine.

### **E. Buses**

- Families and campers are responsible for making sure the EAI and carrying case / fanny pack are worn by the camper prior to loading the bus each morning.
- Bus counsellors will check that the EAI is in the fanny pack / carrying case before the camper enters the bus.

If the EAI is not with the camper in the morning:

- i. Door to door pick: the camper will be asked to go back into the house to get it, within a reasonable amount of time (so the buses do not get delayed). If the EAI cannot be located the camper will load the bus and the bus driver will notify dispatch who will let camp know the camper is arriving without the EAI. Robin Aid staff will be notified and arrangements will be made for the camper to have their spare for the day.
  - ii. Neighbourhood service: the bus driver will notify camp as per the process described above.
- Bus counsellors will check that the camper has the EAI before going home.

### **F. Driving a camper to camp**

- Families who drive their camper to camp will be checked in every morning
- Upon sign in each morning please show the staff the fanny pack with the EAI to confirm it has arrived with the camper.
- If the EAI is not with the camper the staff will radio Robin Aid to arrange for the spare to be used for the day.

## **G. Lost or Misplaced Epinephrine Auto-Injector**

- If an EAI is lost or misplaced every effort will be made to locate it.
- If it cannot be found arrangements will be made for the camper to use their spare for the day and the family will be notified.
- The spare will go home on the bus and be used until the lost EAI is located or another spare is sent to camp.

## **H. Other Medications**

- EAI's, puffers for asthma and lactaid pills are the only medications that may be carried by a camper at any time. Please do not send any other medication in the camper's fanny pack / carrying case.
- Any other medications must to be sent to Robin Aid via bus mail, along with a "sending medication to camp" form which can be found on the camp website under forms and checklists.
- Prescription medications must come to camp in the original bottle with the original pharmacy label attached.
- Over the counter medications must also be in the original packaging / box / bottle.

### Benadryl

- Benadryl will not be administered when treating an anaphylactic reaction. Benadryl is not the recommended treatment as it does not work to decrease the effects of an anaphylactic reaction itself and it may mask the signs and symptoms of an anaphylactic reaction.
- Benadryl may be used after epinephrine has been administered to help alleviate allergic symptoms if necessary.

## **I. Communication with Families**

- Allergy information letters will be emailed prior to each camp session to all families who have campers with an anaphylactic allergy in their camper's cabin or bus. This letter will be sent to inform families of any anaphylactic allergies in the group. The letter will indicate the types of food that camper(s) in that specific bus or cabin have an anaphylactic allergy to, it will not identify the camper with the allergy.

If you have any questions regarding this information please do not hesitate to contact the camp office at 416-736-4443.

Updated June 2021  
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Director of Health and Wellness