



CAMP ROBIN HOOD

PO BOX 10034
RPO YONGE & FINCH
TORONTO, ON
M2N 0B6

CAMPROBINHOOD.CA
OFFICE@CAMPROBINHOOD.CA
416.736.4443

PROTOCOL FOR ANAPHYLAXIS

Parents / Guardians and Campers

The Camp Robin Hood (CRH) Anaphylactic Protocols have been developed to ensure all campers and staff with anaphylactic allergies can enjoy our camp environment – we take allergies very seriously.

Please review our protocols and share the information with your camper(s) so together we can keep everyone safe and healthy.

A. Nut Aware Camp

- We strive to be “nut aware”. However, we never assume that camp is a totally risk-free environment as we cannot be sure of 100% compliance by every participant, despite best efforts by everyone.
- We are proactive in educating families about allergies prior to camp in our literature and throughout the summer.
- We strongly encourage all families to read food and personal care item labels and to only send nut-free products to camp for snacks, lunch and in personal care products, such as sunscreen.
- We make every effort to serve only “nut- aware” products. We carefully research all products and work with our suppliers.
- Closer to the start of camp, once our food has been delivered, our ingredients list for the foods we serve at camp will be updated on our website.
- We have a “No Sharing Food” policy and discourage sharing food amongst both campers and staff.
- Lunch and snack times are monitored closely by camp counsellors who supervise and eat with campers.
- If food containing a known allergy arrives at camp a staff member will ensure that the child who has the “allergic” food in their lunch eats at a designated place within the unit, a safe distance away from the camper with the allergy.
- If nut products are sent to camp the food will be packed away. The family who sent the nut products will be contacted and be reminded of our food policies and asked to refrain from sending nut products to camp.



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B. Epinephrine Auto Injectors (EAI)

All campers who have an anaphylactic allergy will be required to have at least 2 (two) EAI's for camp

- **The first EAI** must be carried by the camper, some campers prefer to carry 2 EAI's in their carrying case or fanny pack.
- **The second EAI** (referred to as "the spare")
 - Please send the spare EAI to camp **via bus mail** on the campers first day of camp (give it to your campers bus counsellor or car greeter if you drive to camp)
 - PLEASE label this with your camper's full name addressed to Robin Aid (the camp Health Centre)
 - The spare will be stored in an accessible, secure area in Robin Aid and will be locked away safely at night
 - The spare will be used only if: a second dose of epinephrine is required in an emergency, in the case of a faulty auto injector, if the camper forgets his auto injector at home or if the EAI is misplaced while at camp
- Each EAI must be labelled with the original label from the pharmacy
- Please ensure expiry dates extend beyond the end of the camp session

Our staff are trained to use EpiPen, Allerject and Emerade auto injectors.

C. Fanny Pack or Carrying Case

Every camper who has anaphylaxis will be required to carry the EAI(s) in a CRH fanny pack or a carrying case that the camper is more familiar with from home. This fanny pack / carrying case **MUST** be with the camper at all times during the camp day.

You will receive a communication prior to camp tasking which method your camper will use to carry their EAI – this is important for us to know ahead of time so we can prepare fanny packs and name tags before the first morning of the camper's session.

*If you request a CRH fanny pack please send your campers EAI in the front pocket of their back pack, on the first day of camp and your camper's Division Head will transfer the EAI to a CRH fanny pack. The CRH fanny pack is large enough to accommodate puffers as well.

On the first day of a camp session, a name tag will be attached to the fanny pack / carrying case. We ask you to keep this tag in place throughout the camp stay so we will be able to quickly identify the EAI in the case of an emergency.



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D. Anaphylactic Alert Posters

Please complete the Anaphylactic Alert Poster, attach a photo of your camper and return it to health@camprobinhood.ca as soon as possible. Click this [LINK](#) for the poster.

E. Programs

Swim and Canoe

- The fanny pack / carrying case will be hung on a designated hook, out of the direct sunlight. This will make for fast and efficient retrieval of the EAI if it is needed.
- The camper and counsellors are responsible, together, to ensure that the fanny pack / carrying case is placed on the appropriate hook prior to the activity and is picked up by the as they exit from the area.

Daily Treats and Cooking

- Camp offers a daily treat as well as food during the cooking program and on Fridays during Pizza lunch.
- If your camper is allergic to foods that are offered during your camper's session, a member of our camp team will be in touch with you prior to the start of camp to discuss the allergies and ingredient lists.
- Please refer to the ingredient list [HERE](#), which outlines all ingredients for food served at camp.
- If you choose to send a food substitute to camp the process can be discussed with your camper's Division Head prior their first day of camp.
- If sending food to camp, PLEASE ensure it is labeled well with your campers first and last names, the unit and when the food is to be used (i.e. "for Friday Pizza lunch"; "when s'mores are being made", etc)

Craft areas (i.e.: Cooking, Nature, Arts & Crafts)

- The use of allergic products such as acorns, egg shells, nuts etc. will be taken into consideration and avoided when planning programs.



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E. Buses

- Families and campers are responsible for making sure the EAI and fanny/ case are worn by the camper prior to loading the bus each morning
- Bus counsellors will check that the EAI is in the fanny/ case before the camper enters the bus
- If the EAI is not with the camper in the morning the spare will be used for the day and the family will be called to inform them and to ask for the send the spare and the original EAI the following day
- Bus counsellors will check that the camper has the EAI before going home

F. Driving a Camper to Camp

- Families who drive their camper to camp will be checked in every morning
- Upon sign in each morning please show the staff the fanny/ case with the EAI to confirm it has arrived with the camper
- If the EAI is not with the camper the staff will radio Robin Aid to arrange for the spare to be used for the day

G. Lost or Misplaced Epinephrine Auto-Injector

- If lost or misplaced during the day every effort will be made to locate it
- If it cannot be found arrangements will be made for the camper to use their spare for the day and the family will be notified
- The spare will go home on the bus and be used until the lost EAI is located or another spare is sent to camp

H. Other Medications

- EAIs, puffers for asthma and lactaid pills are the only medications that may be carried by a camper at any time. Please do not send any other medication in the camper's fanny/ case
- Any other medications must to be sent to Robin Aid. Please send it with your child and hand it to the staff on the bus or at pick-up to ensure delivery. Please be sure to complete the [Sending Medication to Camp Form](#) as well.
 - Prescription medications must come to camp in the original bottle with the original pharmacy label attached
 - Over the counter medications must also be in the original packaging / box / bottle



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Antihistamines

- 2nd Generation H1-antihistamines such as Reactine®, Claritin®, Alerius® etc may be administered to help alleviate allergic symptoms, if necessary, after an EAI has been administered.

I. Communication with Families

- Allergy information letters will be emailed prior to each camp session to all families who have campers with an anaphylactic allergy in their camper's cabin or bus. This letter will be sent to inform families of any anaphylactic allergies in the group. The letter will indicate the types of food that camper(s) in that specific bus or cabin have an anaphylactic allergy to, it will not identify the camper with the allergy.

If you have any questions regarding this information please do not hesitate to contact the camp office at 416-736-4443.

Updated May 2023
Bev Unger, RN
Director of Health and Wellness
Camp Robin Hood